



In memory of my beloved friend and Soul Brother Chris Alden who has made his graduation to 5<sup>th</sup> dimensionality with dignity and love in his heart to the end.

***“BeLoved Chris passed to spirit at 12pm on Sunday the 16th May 2010. He was at home surrounded by love, beauty, comfort & peace. Diagnosed with cancer 10 years ago, Chris astonished the Doctors by living a very positive, Joy FULL life without any conventional treatment. His commitment to living a spiritual life as a soul in a physical vehicle with love, light & laughter touched & inspired all those around him. He was a well known figure in the crop circles & at the crop circle conferences where he and his partner Tania sold beauty FULL crystals.”***

**Tania Woodward - <http://www.soulcolours.org.uk/>**



**Chris, Tani And Cosmic Dave**

My name is Andrew Potter and I wanted to produce this pdf to share with others some of the goodness which Chris brought into my life. Towards the end of this pdf you will find a set of affirmations which Chris shared with me and others. He would recite them every day as a means to maintain his spiritual strength, balance and direction. The amazing power he demonstrated in the way he managed his illness in the decade I knew him was no less than astonishing. I definitely see this power as having arisen from his unwavering dedication to spiritual service, love for others and the Divine Plan in which we all have our roles to play.

I first met Chris in the heyday of crop circles at The Barge Inn in 1999. We immediately struck up a rapport and became friends. Our conversations about crop circles, life and the universe would go extremely deep indeed. I recognized back then by the deep look in his eyes that we were kindred Souls and had definitely known one another previously in a far off dimension before coming to Earth.

Over the years we have had many amazing and joyous times which would outstrip any magical fantasy story! I'll always remember Chris's voice when he would call me and say "There's a new crop circle - You coming out to play me ol' marrow?"

I still hear Chris's voice in my mind and know he is still there serving and helping his Soul Family although we can't physically see him.

## DAILY AFFIRMATIONS



**The "I AM" mantra:** *Initially Alice Bailey channeled this from Djwhal Khul and later Djwhal Khul expanded upon it through Michael King*

### BEYOND ALL IS LOVE AND LOVING ALL IS THE BEYOND

I AM the Soul  
I AM the Monad  
I AM the Light Divine  
I AM Love  
I AM Will  
I AM Perfect Design  
I AM  
I AM all that I am  
I AM one with the Universal Mind  
I AM one with the Source of all Life  
I AM one with all life forms and they are one with me  
I AM love  
I AM light  
I AM peace  
I AM truth  
I AM

In that which I am  
I call forth and accept a deep penetration of the essence of all that is  
Thereby allowing a full and open radiation of my entire energy matrix and four body  
system in service to all that is

I am  
In that which I am  
I now call forth protection and Guidance of the Spirits of Love Light and Truth from the  
higher mental plane and beyond  
And I refuse all communications which originate upon the astral plane  
In of and for love  
I choose to love and love I will  
I am

God is within all that is,  
God is within me  
God within grow strong

Mother/Father God within, I choose to serve  
Please show me how and assist me to integrate the knowing I need to do so  
I am

I am a being of Love  
Love flows from me freely and unconditionally  
I walk the Path of Love  
find love in every moment  
I see through the eyes of love  
Everything I say, everything I do, everything I am, is in of and for love  
I choose to love and love I will  
Mother/Father God within, Thy will not my will be done  
I take each step in Love as only Love  
I take each breath in Love as only Love  
I am worthy of Love  
As I am Love  
As I am Light  
As I am Truth  
As I AM THAT I AM

### **DAILY PROTECTION AND CLEARING PROCESS**

'I now affirm my grounding cord is anchored firmly into the core of the Earth. I call forth Beloved Gaia and Archangel Sandalphon to assist me in grounding the Love and Light of which I Am.

In of and for love, I am here now as love, I am SAFE here now,  
all that I am is grounded into the Earth Plane as love now.  
My mission is here now as love.

I call forth to God Force and to God Source for a column of Cosmic Light to serve as an invulnerable and invincible shield of protection from all that is not in of and for love.

I call forth to Archangel Michael for a Golden Dome of Light to surround me and to protect me from all that is not in of and for love.

I now call forth to Lord Melchizedek, Lord Metatron, The Mahatma, Archangel Michael, for the gold and platinum nets to sweep through all of my bodies for the clearing of all negative and imbalanced energies. I now call forth Vywamus, I ask and pray for you to run your Golden Hands through my fields for the clearing and removing of all negative entities, negative alien implants, negative elementals, etheric mucous, astral residue, mental debris, and all imbalanced energies.

I now call forth to the Beloved Arcturians for the Golden Cylinder to be anchored into my Earth Star, and to encompass my entire Being, so that all fear being released and drawn into the cylinder is transformed into light, channelled into my Earth Star and then channelled into the Earth as useable energy for the Planet.

I now call forth for a continuous down pouring of the Violet Flame on a permanent and ongoing basis, for the transmuting and transforming of all fear into love.

Beloved Masters, Lady Masters, Angels, Archangels and Elohim of the 7 Planetary Rays, I ask and pray for a down pouring of the Rays in the correct amount for balance, integration and harmony.

I now call forth Vywamus, Djwhal Khul, Archangel Michael, Beloved Sananda, the Lord of Arcturus and the Arcturians, for the Core Fear Matrix Removal Program to be inlayed within all bodies and activated now, for the clearing and cleansing of all fear, fear based programming, old and faulty programming, programming that no longer serves my highest God purpose and my true Divine Monadic Blueprint, all that is not in of and for love, I choose now to release all fear, to be transformed into love.

I now call forth to God Force and to God Source for a down pouring of Christos energy and Core Love. I call forth to the beloved Arcturians for a down pouring of Arcturian Light . I call forth for a down pouring of the Mahatma energy.

I now affirm, all that is being cleared is instantly replaced with love, from the continuous down pouring of Christos energy, Core Love and the energies of which I have called forth.

I now call forth a cosmic and planetary axiatonal alignment and balancing.

I affirm now my protection is absolute and my focus is steady in the light. In of and for love, in service of the divine plan, in service to all that is.

I now surrender to TRUTH and allow the TRUTH to be all that I am and all that I BE.

I am Source, I am human, I bring the love HERE NOW!

I now allow no should or ought other than love, I am.

I now affirm I possess the qualities of Spiritual Willingness and non-attachment.

I am centred strongly and balanced firmly within my physical structure now, as love.

In of and for love, my channel is fully open, strong and stable from the core of the Earth to Source, Source to the core of the Earth, fully and firmly anchored into the Source Light, fully and firmly anchored into the Core of the Earth, in love as only love, in of and for love, in service of the divine plan, in service to all that is.

I stand forth now on Earth, in love as only love, I am here to serve to my fullest capacity, fulfill my purpose here now, complete my mission, in of and for love, in service to all that is.

I Am

God is within all that is, God is within me, God within grow strong.

To God Force and to God Source, I thank you with all of the love and light of which I am.

**Beyond all is love and loving all is the beyond.**

May Love Restore the Balance!

**Finally from Chris himself, taken from His final email to me:**

*“These months TruthFully are VERY much offering us the opportunity to move on with our Ascended Mastery in the NOW! Re-Member, only YOU can make it real, Mother/Father God within grow strong! ALL re-action & giving of power 'away' to 'another One' is but a reflection of the illusion! Choose to see only through the eyes of the SOUL & to BE fully present in All Nows.*

*There has never been more clear & TruthFull energies of All 'sorts' available to us!!!!!! Oh Yeah!!!*

*I Love You ALL*

*Love Light & Laughter”*

*Chris xxx*